

PROFILE

NAME:- AARTI PAL

DESIGNATION:- ASSISTANT PROFESSOR (YOGA EDUCATION)

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ACADEMIC CREDENTIAL:- Ph.D. (Yoga)pursuing, NET(Yoga), MA (Yoga), PGDYT (Yoga), yoga Visharad, Yoga Praveshika (DSVV, Haridwar), 'A' grade certificate in Yoga, QCI certified level-1 Yoga trainer)

AREA OF INTEREST:- TO WORK IN THE FIELD OF YOGA AND EDUCATION

Awards & Achievements:-

- 1) Miss Yogini of the World 2010
- 2) Yoga Princess 2008
- 3) Miss Yogini of India 2007
- 4) Excellency award in Yoga by Padmashri Shri Milkha Singh ji (@ Riverdale High School, Aurangabad)
- 5) Government certified level-1 Yoga trainer
- 6) IIT Yoga Guru (IIT, Kharagpur)
- 7) NIS Yoga coach for SAI (Sports authority of India) newly named 'Sports India'
- 8) Madhya Pradesh Cricket Association's (MPCA) Yoga trainer (managed by BCCI)
- 9) Guest lecturer for Yoga at Dr Babasaheb Ambedkar Marathwada University (BAMU), Aurangabad
- 10) Medalist of various Speech and debate competition