

# PROFILE



Name : Dr Munish Singh Rana

Designation : Assistant professor Yoga Education

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Academic Credentials : M.A. (Yoga), M.PEd, SET, B.Ed, [D.Y.Sc](#), YIC,  
PGDSM, PGDCH, NDDY, CIC P.G.JMC, MBA  
(Pursuing) & PhD

Publications :

Research Paper: Total: 12 (International 4 & National  
8)

Books Published: 02

Seminar/Conferences : Total 6 (National 5 & International 1)

Area of Interest : Classical theories of health and disease relevant to the  
practice of Yoga Therapy, Yoga & Psychosomatic disease, Fitness and Sports  
Talent